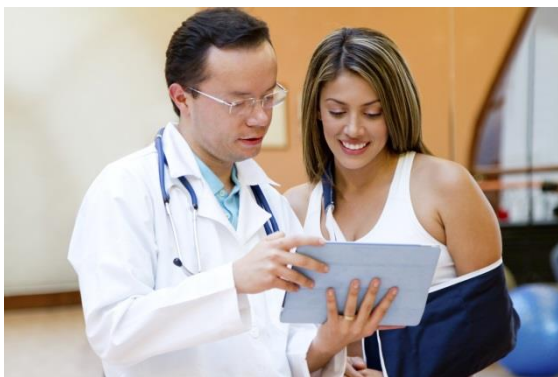




High-TOUCH Health Care

The Working Clinic staffs an onsite medic to be available at any time during clinic hours, to assist employees with their health status. What makes our services different is that employees get personal attention from a friendly, approachable team member who remains embedded right at your workplace, becoming part of your company's life and culture.

Health & Wellness Programs*



One-On-One Health Coaching and Follow-Up for Employees (and Dependents)

Whether part of our *Know Your Numbers* program or just a planned series of visits to monitor weight, blood pressure, blood sugar, or any other health parameter, your medic is there for routine check ins and check-ups. This personalized approach with walk in access drives utilization and compliance with health regimens, improving health outcomes for each individual. In addition, if a physician visit calls for the employee getting in touch with their regular doctor, your medic stays in touch with the employee to insure that important follow up care is accomplished.

Employee Health Condition Abstracting and Personal Outreach to Patients

As part of every on-site visit in the clinic, a process of health status review with summary is conducted. Each patient seen has their health situation individually reviewed and data is entered to track key health conditions and therapies. As clinic use grows, an effective profile of the overall employee health status is created that is useful not only to assist each employee manage their health, but also allows the employer (using de-identified data) to spot health trends among their employees. Once set, the medic reviews the *Health Indicators* by group or condition and where appropriate checks in with individual patients about their ongoing care.

Lunch & Learns, and Health Briefings at Safety Meetings

Monthly or quarterly, your medic will hold brown-bag Lunch and Learn sessions with employees to present informative content on health and nutrition. In addition, many clients have our medics in plant safety meetings to review topics such as bending and lifting safety, or stretching before strenuous work, even what to do in case of a fall, heat emergencies, seizures, stroke, or heart attack. Plus, reminders about safety equipment use are more compelling when a health professional shares anecdotes about injury experiences and their unfortunate outcomes.

Walk And Talks

On a regular schedule, your medic will promote and lead lunchtime or break time Walk And Talk sessions to encourage employees to get their steps in and socialize. During these slow to medium pace walks, your medic will lead discussions on nutrition, portion control, stress management, blood pressure, diabetes, and other healthful topics. Walk and Talks are voluntary, but are a fun and effective way to promote awareness of health and wellbeing while allowing employees an accessible way to improve activity levels.

Smoking Cessation Program

Smoking creates many significant risks to health, and this impacts employees and employers alike! Our Smoking Cessation program allows employees to “kick the habit”.

Employees can enroll (at their convenience) at the on-site clinic so they can “kick the habit”. From the initial assessment by the medic, a protocol is devised for the employee based upon best practices in accordance the American Lung Association™ and American Cancer Society™. Then, a series of visits are conducted for tailored education and application of assistive therapies such as nicotine replacement or medications.

Utilization is enhanced by the convenience of the on-site clinic, right at the workplace, usually with walk-in access. During the process, there is also coaching and check-ups with the physician. For your employees, the medic becomes a wellness coach and friend, helping and supporting them along every step of the way.

Helping You Understand the Overall Health of Your Employees

The *health status abstraction*, works within our electronic medical record system to provide a forward-facing view of the health of your employee population. The process allows us to provide you with high-level, evidence-based information about special health risks that exist or may be emerging among your employees for better benefits planning.

Occupational Medicine Services*

As part of *The Working Clinic*™ program, basic occupational medical services can be included, usually at little or no charge. The convenience of having your own on-site occ-med resource for the following needs will save you time and money, and bring an important tool for managing this important HR factor of your business.

Job Physicals, Pre-employment Physicals

Our advanced medical system allows our physicians to complete the majority of job related (police, fire, etc.) annual physicals right at the on-site clinic location, usually at no additional charge. Pre-employment physicals can be provided also and are usually charged at \$25.00 each, representing a fraction of typical market rates. In addition, having these physicals done in the clinic makes these part of the patient's electronic medical record, which helps with their future care.



DOT and NonDOT Alcohol and Drug Testing

Your dedicated onsite medic can be certified to perform DOT and other necessary drug screening procedures right at the on-site clinic location. Having this service right on site makes it readily and immediately available for incident-based testing, and gives convenient and fast results with pre-employment testing. All testing is done in full compliance with federal standards as well as necessary privacy and confidentiality regulations.

** Physician medical services for The Working Clinic are provided by NuPhysicia Health of Texas, a Certified Non-Profit Healthcare Organization (CNHO).*